



# Home Learning Activities – Cyfnod Sylfaen 1



Below is a variety of Home Learning activities that pupils can carry out at home without the need for an electronic device.

Depending on the nature of the activity the work to be recorded neatly on paper.

Date: w/c Monday 25<sup>th</sup>  
January

## Daily Activities

- Practice your school reading book or RWInc phonics cards.
- Reading - choose a new book to read with an adult, re-tell the story together.
- Mental Maths - number recognition

Look for numbers in your environment at home or whilst you are on a walk. Say each number you see. Can you give 1 more and 1 less than the number?

- Daily Exercise - Go on a walk with a family member. Time yourself - do the same route each day and see if you can beat your time by the end of the week.
- Sing our 'Days of the Week songs in Welsh and English.
- Sut mae'r tywydd - How is the weather today?
- Reflection - what did you enjoy most today? What are you looking forward to

## Language, Literacy and Communication

- Write and draw a Book Review of your favourite story. Think about which character you like the most and why, which part of the story is exciting or sad, why you like the story. Draw a picture of your favourite character.
- Design and create a character of your own - think about your favourite character. Can you write words or sentences to describe a character of your own. Draw and label your character too.



## Humanities

- Dydd Santes Dwynwen - The Welsh equivalent to St Valentines Day - this day came from a traditional Welsh tale about the life of Saint Dwynwen who lived in the 5<sup>th</sup> century. People pray to Santes Dwynwen to ask her to heal broken hearts and to help people who need strength. **Task** - write a prayer for somebody you care about, think about why you are thankful for this person and what you wish for them this coming year.



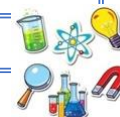
## Mathematics and Numeracy



- Subtraction Skills -  
**Reception Class** - use any items or objects you have at home e.g. toys, pegs, socks. Count a group of 10 the create subtraction sums of your own using the objects. Write your sums down on paper to practice number formation too.  
**Year 1** - create subtraction sums of your own up to 30. Write your sums down on paper to practise formation of 2 digit numbers. You can use items or objects to help you with your sums if you need to.

## Science and Technology

- Sticky Ice Investigation**
- Put salt in one bowl, water in another bowl and ice cubes in another bowl.
- Lay out a piece of string in front to the 3 bowls.
- Can you lift a piece of ice using only the string? Try a few times.
- Now sprinkle some salt (magic powder) on to the ice. What do you think will happen?
- Lay the string over the ice cubes again then count to 60.
- Hey presto! Can you lift the ice cubes now?



## Expressive Arts



- Dydd Santes Dwynwen - celebrate this day by making a card or picture for someone you care about. Decorate your card/picture with hearts and things which are special to you.
- Carnival - make a musical instrument out of recyclable materials e.g. add rice to an empty bottle to make a shaker, make a drum out of tins or pots, make shakers out of Pringles tubes. Decorate your instrument in bright colours.

## Health and Well-being

- Things to Look Forward to Jar**
- Write things you are looking forward to on a piece of paper. Use as many different colours as you like - make your jar nice and bright. Add these ideas to your jar and keep adding ideas as you think of them. This keepsake jar can remind you of good things ahead.
- Fitness Circuit** - How many bunny hops, star jumps, toe touches and knee highs can you do in 2 minutes? Create a circuit of each action and see if you can beat your scores.

